

**1999 SECTION 4AA
TRACK AND FIELD RESULTS
GIRLS**

SCHOOL	POINTS
1.White Bear Lake	110
2.Coon Rapids	105
3.Anoka	103
4.Stillwater	89
5.Mounds View	62
6.Mahtomedi	51
7.Champlin Park	40
8.North St. Paul	34
9.Blaine	30
10.Irondale	21
11.SLP/SA	20
12.Tartan	18
13.Centennial	13
14.SB/SA	6

GIRLS 1999 SECTION FINALS RESULTS

3200 METER RUN

<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1.Mumbleau, Allison - 12	WBL	11:30.50
2.Johnson, Elli - 12	MV	11:32.46
3.Rautmann, Beth - 12	WBL	11:33.59
4.Yorga, Amber - 9	S	12:02.22
5.Baker, Lindsey - 10	WBL	12:02.99
6.Johnson, Kelly - 12	I	12:10.36
7.Beck, Lauren - 10	NSP	12:11.19
8.Ricke, Kate - 11	MV	12:26.39

3200 METER RELAY

<u>SCHOOL</u>	<u>TIME</u>
1.Mahtomedi	9:50.08
2.Anoka	9:50.10
3.Mounds View	9:59.09
4.Irondale	10:00.51
5.White Bear Lake	10:02.91
6.Coon Rapids	10:15.15
7.North St. Paul	10:15.90
8.Centennial	10:34.42

100 METER HIGH HURDLES

<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1.Miller, Molly - 12	S	15.20
2.Paulson, Lisa - 9	WBL	15.48
3.Albers, Jenn - 11	CR	15.85
4.Kerr, Michelle - 12	CR	15.88
5.Truchon, Mary - 10	B	16.33
6.Tuckner, Colleen - 12	WBL	16.35
7.Schirber, Laura - 10	S	16.50
8.Oishi, Christy - 11	SLP/SA	16.83

100 METER DASH

<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1.Fischer, Abbey - 10	S	12.54
2.Wells, Kristin - 12	CR	12.74
3.Ylonen, Jillian - 12	CP	12.82
4.Curtis, Kim - 12	CR	12.87
5.Iaizzo, Maria - 9	WBL	12.92
6.Galardy, Jenny - 10	NSP	13.19
7.Vangelof, Lesley - 10	B	13.21
8.Nelson, Sami - 11	S	13.34

GIRLS 1999 SECTION FINALS RESULTS

800 METER RELAY

<u>SCHOOL</u>	<u>TIME</u>
1. Stillwater	1:44.48
2. Coon Rapids	1:46.68
3. Champlin Park	1:48.43
4. Anoka	1:49.50
5. Mahtomedi	1:50.05
6. White Bear Lake	1:50.97
7. Irondale	1:51.10
8. Centennial	1:51.49

1600 METER RUN

<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1. Mumbleau, Allison - 12	WBL	5:17.80
2. Dahlgren, Kelsey - 9	C	5:20.71
3. Johnson, Eli - 12	MV	5:25.24
4. Simmons, Cassie - 11	WBL	5:26.78
5. Rautmann, Beth - 12	WBL	5:32.73
6. Yorga, Amber - 9	S	5:33.57
7. Lindeman, Heidi - 9	CR	5:33.63
8. Nelson, Jodie - 9	S	5:37.16

400 METER RELAY

<u>SCHOOL</u>	<u>TIME</u>
1. Coon Rapids	50.53
2. Champlin Park	50.86
3. Mounds View	51.36
4. Anoka	51.39
5. Stillwater	51.74
6. North St. Paul	51.88
7. White Bear Lake	51.89
8. Blaine	51.93

400 METER DASH

<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1. Ewert, Laurisa - 9	A	58.42
2. Marvin, Melissa - 10	M	59.77
3. Larsen, Jenny - 11	B	60.72
4. Scheid, Mandy - 12	I	60.74
5. Nardini, Desiree - 11	WBL	61.10
6. Jankowski, Kathi Jo - 12	A	61.69
7. Schuster, Heidi - 12	T	63.14
8. Ek-Pangerl, Katie - 9	WBL	64.84

GIRLS 1999 SECTION FINALS RESULTS

300 METER HURDLES

<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1. Brendenberg, Brooke - 10	CP	46.19
2. Kerr, Michelle - 12	CR	47.92
3. Reinhart, Lisa - 10	WBL	47.94
4. Foley, Allison - 9	A	48.39
5. Rawski, Anna - 12	B	48.68
6. Oishi, Christy - 11	SLP/SA	49.63
7. Juth, Lisa - 10	CR	49.78
8. Ek-Pangerl, Deanna - 11	WBL	50.93

800 METER RUN

<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1. Manthe, Megan - 10	A	2:20.01
2. Maland, Katie - 8	M	2:20.32
3. Boyd, Denay - 10	WBL	2:20.76
4. Charlesworth, Laura - 12	CR	2:27.21
5. Boyd, Alisha - 10	WBL	2:27.98
6. Nelson, Jodie - 9	S	2:28.11
7. Heinecke, Kathleen - 12	CP	2:28.60
8. Simmons, Cissie - 11	WBL	2:28.68

200 METER DASH

<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1. Fischer, Abby - 10	S	25.45
2. Lanoux, Jamie - 11	M	26.56
3. Larsen, Jenny - 11	B	26.64
4. Smith, Angela - 11	NSP	26.89
5. Ylonen, Jillian - 12	CP	26.92
6. Deleon, Melody - 9	CR	27.00
7. Fritz, Teresa - 9	A	27.51
8. Vangelof, Lesley - 10	B	27.77

1600 METER RELAY

<u>SCHOOL</u>	<u>TIME</u>
1. Anoka	4:01.97
2. Mahtomedi	4:10.65
3. Coon Rapids	4:10.75
4. Mounds View	4:12.21
5. Tartan	4:13.50
6. Champlin Park	4:15.85
7. White Bear Lake	4:16.58
8. Centennial	4:17.67

GIRLS 1999 SECTION FINALS RESULTS

LONG JUMP

<u>NAME</u>	<u>SCHOOL</u>	<u>DISTANCE</u>
1. Blomquist, Dayna-10	S	17'9 1/4"
2. Meidl, Nicole-11	S	17'7 1/4"
3. Curtis, Kim-12	CR	17'6 1/2" STD
4. Lanoux, Jamie-11	M	17'0 1/4"
5. Paulson, Lisa-9	WBL	16'9 1/2"
6. Goffin, Jamie-11	CR	16'9 9 0
7. Podgorski, Jill-11	MV	16'5 1/2"
8. Niewolny, Theresa-12	WBL	16'1 1/4"

HIGH JUMP

<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>
1. Sullivan, Amanda-11	NSP	5'5"
2. Timm, Katie-11	A	5'4"
3. Sherring, Jeannine-12	SB/SA	5'0"
4T. Baumbach, Stacy-12	MV	4'10"
4T. Mockenhaupt, Lindsay-11	S	4'10"
6. Augst, Lindsey-11	A	4'10"
7. Starks, Jamie-9	S	4'10"
8. Truchon, Mary-10	B	4'10"

POLE VAULT

<u>NAME</u>	<u>SCHOOL</u>	<u>DISTANCE</u>
1. Jackson, Shannon-11	A	10'9 4AA RECORD
2. Renner, Bethany-10	A	10'3"
3. Herman, Katie-10	I	10'3" STD
4. Meidl, Nicole-11	S	9'9" STD
5. Gatzlaff, Kristin-11	MV	9'3"
6. Krause, Kari-11	CR	8'9"
7. Novak, Jenny-11	C	8'3"
8. Dorosch-Walther, Blair-11	CR	8'3"

DISCUS

<u>NAME</u>	<u>SCHOOL</u>	<u>DISTANCE</u>
1. Shidall, Sara-12	CR	123'11"
2. Frawley, Alean-12	SLP/SA	118'7"
3. Muske, Kris-12	A	115'0"
4. Stephan, Jessica-10	B	112'7"
5. Madvig, Becky-12	WBL	111'0"
6. Moran, Katie-11	NSP	107'11"
7. Goetzke, Liz-10	T	107'0"
8. Clifford, Jamie-11	CP	106'10"

GIRLS 1999 SECTION FINALS RESULTS

TRIPLE JUMP

<u>NAME</u>	<u>SCHOOL</u>	<u>DISTANCE</u>
1.Podgorski, Jill - 11	MV 4AA/STADIUM RECORD	36'10 3/4"
2.Paulson, Lisa - 9	WBL	36'7 3/4"
3.Smith, Angela - 11	NSP	34'9 1/2"
4.Wells, Kristin - 12	CR	34'3 1/2"
5.Timm, Katie - 11	A	34' 3/4"
6.Jackson, Shannon - 11	A	33'9 3/4"
7.Persuitti, Julie - 12	MV	33'7 1/2"
8.Snedden, Jen - 10	S	33'5 3/4"

SHOT PUT

<u>SCHOOL</u>	<u>SCHOOL</u>	<u>DISTANCE</u>	
1.Peterson, Sonja - 12	T	41'8 1/4"	
2.Frawley, Alean - 12	SLP/SA	40'3"	
3.Shidell, Sarah - 12	CR	39'10 3/4"	STD
4.Johnson, Kim - 10	MV	37'1 1/2"	
5.Mitchell, Sally - 11	WBL	36' 6 1/2"	
6.Smith, Nicki - 9	A	35'6 1/2"	
7.Baumbach, Stacy - 12	MV	34'10 3/4"	
8.Madvig, Becky - 12	WBL	34'7 1/4"	

SECTION 4AA GIRLS TRACK AND FIELD RECORDS
(current through 1999)

EVENT	INDIVIDUAL	SCHOOL	RESULT	YEAR
POLE VAULT	SHANNON JACKSON	ANOKA	10'9"	1999
DISCUS	KRISTI OLEEN	BLAINE	153'10"	1987
HIGH JUMP	JULIE HOYES	ANOKA	5'6"	1979
SHOT PUT	FAYETTE FARRAR	NORTH	43'11"	1979
LONG JUMP	KRISTI KROPP	ANOKA	18'4 1/4"	1982
TRIPLE JUMP	JILL PODGORSKI	MOUNDS VIEW	36'10 3/4"	1999
100 M. HURDLES	KATIE BESTUL	COON RAPIDS	14.9	1996
100 METER DASH	ANN KIECKER	COON RAPIDS	12.2	1985
200 METER DASH	SARA SCHROEPPER	MOUNDS VIEW	25.4	1986
300 M. HURDLES	HOLLY HARGRODER	STILLWATER	44.87	1991
400 METER DASH	AMBER AFFELT	COON RAPIDS	54.94	1995
800 METER RUN	AMBER AFFELT	COON RAPIDS	2:12.92	1995
1600 METER RUN	TRACY DAHL	ANOKA	4:55.9	1988
3200 METER RUN	TRACY DAHL	ANOKA	10:39.5	1988
400 METER RELAY		COON RAPIDS	49.4	1986
800 METER RELAY		COON RAPIDS	1:42.63	1994
1600 METER RELAY		ANOKA	3:54.8	1981
3200 METER RELAY		MOUNDS VIEW	9:21.47	1995

SECTION 4AA BOYS TRACK AND FIELD RECORDS
(current through 1999)

EVENT	INDIVIDUAL	SCHOOL	RESULT	YEAR
DISCUS	JOE TOTH	FOREST LAKE	177'10"	1990
HIGH JUMP	GREG LAWSON	BLAINE	6'10"	1982
SHOT PUT	DON HOFFMAN	BLAINE	61'9"	1978
LONG JUMP	REONDO DAVIS	BLAINE	22'11 1/2"	1999
TRIPLE JUMP	REONDO DAVIS	BLAINE	47'7 3/4"	1999
POLE VAULT	TIM KOUPAL	ANOKA	15'2"	1997
100 M. HURDLES	SCOTT DILLON	ANOKA	14.2	1984
100 METER DASH	BOBBY LIBBY	ELK RIVER	10.80	1989
200 METER DASH	JEFF BROWN	ANOKA	22.0	1989
300 M. HURDLES	RICK STEBLEY	ELK RIVER	38.2	1979
400 METER DASH	TREVOR MITCHEL	STILLWATER	49.22	1997
800 METER RUN	CHRIS SILVA	HILL MURRAY	1:54.2	1988
1600 METER RUN	LUKE WATSON	STILLWATER	4:12.27	1998
3200 METER RUN	LUKE WATSON	STILLWATER	9:14.48	1998
400 METER RELAY		CHAMPLIN PARK	42.90	1998
800 METER RELAY		IRONDALE	1:31.11	1998
1600 MEDLEY RELAY		STILLWATER	3:30.7	1985
1600 METER RELAY		STILLWATER	3:19.5	1997
3200 METER RELAY		STILLWATER	7:52.68	1997